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### Size Does Matter

Let's face it. When considering a lifelong companion, physical characteristics, such as height, play an important role in human mate preferences. Satisfaction with one's own and their partner's height, seem likely to be related to these preferences.

Women are not only more selective, they are more consistent than men in their partner height preferences. Women prefer, on average, a larger height difference between

themselves and their partner than men do. Most women want men that are tall, dark, and handsome. They want to feel like a delicate flower next to a towering man, it makes them feel safe. In a sense, women simply seek out the best caveman, one, they estimate, can protect their potential family. Women who like short men might argue that taller men may only seem stronger because we combine height with weight and strength. Taller guys might feel that they have superior qualities, which makes them potentially dangerous. Nevertheless, a woman's bias influences her decision when picking her potential mate.



For me, as a woman, there is just something appealing about tall guys. A towering man gives off a “masculine” character; they seem more dominant and assertive. Because height signals physical dominance, it makes women feel smaller, protected, and “feminine” as well. Women still have that beast-eats-man mentality; we want a man that is taller, stronger, and faster to ward off physical threats towards his family. Women are programmed to seek the best caveman, the one that can provide protection and security. It’s an evolutionary way of thinking, but today, lanky men better use their genetic gifts by reaching high into the pantry to retrieve a rarely-used can of lima beans than actual hunting. Disagree if you must, but there is something irresistibly attractive about it nonetheless. Watching movies and TV also influences women’s infatuation with lanky men. You hardly ever see the short guy do anything heroic, much less get the girl.

Most women will agree with me when I say that tall men sound like the best choice for a mate. There are some ladies that point out some unattractive characteristics of a sizeable man. First, taller men may only seem stronger because we combine height with weight and strength. They may use their size as a mask, they may be the biggest coward, but because they are big we assume they are strong. Being “looked up to,” literally, may subconsciously lead taller men to feel that they have superior qualities. Shorter men have some faults as well, they could have “Napoleon syndrome.” Because of their smaller stature they, may feel inferior, which can cause them to have a short temper, be power hungry, anger issues, or a bad sense of humor. No guy is perfect; small or big, they are going to have shortcomings.

You could be casually dating or looking for a husband, women will choose the man with all the qualities that are important to her. We as woman usually have a physical list of what we want in a man. Height is most likely on the top of every ladies list; I know it's on mine. Ladies, it is okay to be a little picky when choosing your dream guy, you have to do what makes you happy, even if that means relying on your own inner beast.